

OLD DOMINION UNIVERSITY WRESTLING



**Old Dominion (7-12-1) at NCAA Tournament
March 17-19**

Date	Opponent	Time
Nov. 7	Hokie Open	NTS
Nov. 14	Binghamton Open	NTS
Nov. 20	at Northern Iowa	L, 19-15
Nov. 21	at No. 19 Iowa State	L, 26-11
Nov. 27	Hoosier Duals	All Day
	Northern Illinois	L, 16-14
	Indiana	L, 22-13
	UNC Greensboro	W, 20-18
Dec. 19	at No. 10 American	L, 23-15 (EXH)
Dec. 29-30	Southern Scuffle	11/34
Jan. 7	Virginia Duals	All Day
	Edinboro	L, 22-12
	VMI	W, 38-3
Jan. 8	Wyoming	L, 20-16
Jan. 15	CAA Duals	All Day
	Boston University	T, 19-19
	Drexel	W, 22-18
	No. 25 Hofstra	L, 24-9
	Rider	W, 22-13
	at Bucknell	L, 20-16
Jan. 21	GEORGE MASON	W, 32-10
Jan. 23	at No. 13 Central Michigan	L, 18-16
Jan. 30	at NC State	W, 28-12
Feb. 5	VIRGINIA TECH	L, 31-6
Feb. 10	UNC GREENSBORO	W, 39-7
Feb. 13	BINGHAMTON	L, 29-10
Feb. 20	VIRGINIA	L, 25-11
March 4-5	CAA Tournament	3rd/52.5
March 17-19	NCAA Tournament	All Day

* All times are eastern

ODU at the NCAA Tournament:

- Old Dominion University had two wrestlers clinch automatic bids to the 2011 NCAA Wrestling Championships last weekend at the CAA Tournament. James Nicholson won his fourth-straight championship at 125 pounds while Kyle Hutter took second at 133. Joey Metzler became the third Monarch to reach the NCAA Championships by earning an at-large berth at 149 pounds.

- James Nicholson became the first wrestler in CAA history to win four-straight conference championships with his 5-3 decision over No. 19 Steve Bonanno of Hofstra. Nicholson joins Hofstra's Jon Masa and Lou Ruggirello as the only wrestlers to win four titles. Both Masa and Ruggirello redshirted in between titles. Nicholson and Ruggirello are the only wrestlers to win four titles in the same weight class (Masa won his first at 141 before winning the next three at 149).

- Fellow senior Kyle Hutter earned his third trip to the NCAA Championships with a second place finish at 133. He lost a tight 2-1 decision to Hofstra's Lou Ruggirello in the finals.

- Joey Metzler finished in third place at the CAA Tournament at 149 pounds. Metzler is 19-16 overall on the year with three wins over ranked wrestlers. He defeated the CAA and Southern Conference champions and the third place finisher of the Big Ten.

- ODU will look to improve its streak of consecutive All-American's to four-straight this year. Nicholson earned All-American honors in 2008 to become the first Monarch in 13 years to finish in the top eight. Ryan Williams took second in 2009 and Chris Brown followed last year with an eighth place finish.

- Nicholson will look to be ODU's first two-time All-American in 29 years. Buddy Lee earned All-American honors at 134 pounds in 1980 and 1982.

- The Monarchs are also looking to have multiple All-Americans for the first time since 1991 when Peter Horst took sixth at 134 and Nick Garone finished sixth at 150.

Television Schedule

ESPN Coverage

Thursday, March 17

Session I: 11 a.m. on ESPN3.com
Session II: 6:30 p.m. on ESPN3.com

Friday, March 18

Session III: 10:30 a.m. on ESPNU HD/ESPN3.com
Session IV: 7 p.m. on ESPNU HD

Saturday, March 19

Session V: 11 a.m. on ESPNU HD
Session VI: 7:30 p.m. on ESPN HD/ESPN3.com simulcast

Talent

Todd Harris
Tim Johnson
Jeff Blatnick
Quint Kessenich

Old Dominion Monarchs At-A-Glance

Wt.	Name	Notes
125	#4 James Nicholson (31-0)	First wrestler in CAA history to win four-straight conference titles
133	#12 Kyle Hutter (30-8)	Three-time NCAA Qualifier
149	Joey Metzler (19-16)	Wins over the SoCon and CAA champion and third place Big Ten finisher help solidified his berth

Game Notes • ODU at NCAA Tournament

Four-for-Four

• ODU senior James Nicholson won his fourth-straight CAA Championship at 125 pounds with his 5-3 decision over No. 19 Steve Bonanno of Hofstra. Nicholson is the first wrestler in conference history to win four-consecutive championships.

• Nicholson is currently ranked fourth in the country at 125 pounds with a 31-0 record.

• Nicholson completed the regular-season undefeated with a 12-3 major decision over No. 19 Matt Snyder of Virginia. The ODU senior is one of two 125-pounders still unbeaten, joining No. 1/2 Anthony Robles of Arizona State.

• Nicholson earned his fourth CAA Wrestler of the Week honor with a 3-0 week, including a win over No. 14 Jarrod Garnett of Virginia Tech.

• He earned CAA Wrestler of the Week honors for the third time this season, winning the award for the first week of February. He ripped off a pin at NC State to earn the award.

• The senior went 3-0 at the Virginia Duals to up his season record to 17-0. In his only match against a ranked foe, Nicholson defeated No. 19 Tyler Cox of Wyoming 16-8.

• For his performance at the Southern Scuffle, Nicholson was named the CAA Wrestler of the Month for December. His second time this season receiving the monthly honor.

• Nicholson continued his impressive senior season with a dominant performance at the Southern Scuffle, winning the 125 pound weight class. The senior went 5-0 and did not allow more than two points in any of his matches. He defeated two ranked opponents; No. 20 Jason Lara of Oregon State 8-1 in the semi's and No. 7 Zach Sanders (two-time All-American) of Minnesota 4-2 in the finals. The win over Sanders is especially nice for Nicholson as it avenges a loss to Sanders at the 2009 NCAA Championships

• Nicholson opened the season with a first place finish at the Hokie Open, going 5-0, defeating No. 10 Jarrod Garnett in the finals.

• A three-time CAA Champion at 125-pounds, Nicholson earned All-American honors as a freshman in 2008. Also solid in the classroom, he was named the CAA Wrestling Scholar Athlete of the Year last season.

• He has qualified for the NCAA Championships in his first three seasons, earning All-American honors in 2008 as a freshman.

• The senior has lost just 17 times in his career, all coming to NCAA Qualifiers.

Four-Time Champ

• Nicholson became the first wrestler in CAA history to win four-straight conference titles and the third overall to win four. He joins Hofstra's Lou Ruggirello (2007-09, 11) has the only two wrestlers to win four championships at the same weight class. Hofstra's Jon Massa won titles in 2002-03 and 2005-06. He won his first title at 141 and his last three at 149.

Four-time CAA Champs				
No.	Name	Years	School	Weight
1.	James Nicholson	2008-11	ODU	125
2.	Lou Ruggirello	2007-09, 11	Hofstra	133
3.	Jon Massa	2002-03, 05-06	Hofstra	141/149
Three-time CAA Champs				
No.	Name	Years	School	Weight
1.	Dave Vollmer	1998-00	JMU	133/141
2.	Jude Arena	1993-95	JMU	142/150
3.	James Strouse	2005-07	Hofstra	157
4.	Chris Brown	2008-10	ODU	165
5.	Joe Rovelli	2005-07	Hofstra	184
6.	Chris Skretkowicz	2003-05	Hofstra	197
7.	Elliot Williams	1997-99, 00	JMU	197
8.	Josh Feldman	1992-94	Virginia Tech	285
9.	Payam Zarrinpour	2004, 06-07	Sacred Heart	285
10.	Ed Bordas	2008-10	Rider	285

The Bracket

• Nicholson received the No. 4 seed at 125 pounds and will face Cal State Bakersfield's Tyler Iwamura in the first round.

• Iwamura is a redshirt freshman and brings a 17-15 record into the tournament. He was 2-8 during the year against 2011 NCAA Qualifiers. Nicholson and Iwamura have never met.

• In the second round, potential matchup with CAA foe Steve Bonanno of Hofstra is possible. Bonanno will face Utah Valley's Ben Kjar in the first round.

• Nicholson is 4-0 all-time against Bonanno and 1-0 all-time against Kjar, winning a 2-1 decision in 2008.

• Nicholson is 10-0 on the season against this year's NCAA Qualifiers.

• Nicholson can become ODU's first two-time All-American in 29 years. Buddy Lee earned All-American honors in 1980 and 1982 at 134 pounds.

ODU Career Wins List		
No.	Name	Record
1.	Chris Brown (2005-10)	138-42
2.	Ryan Williams (2005-09)	137-41
3.	Jeff Rusak (1997-02)	135-19
4.	James Nicholson (2007-pres.)	134-17
5.	Jesse Strawn (2006-10)	128-61
6.	Buddy Lee (1977-82)	122-25-2
7.	Adam Wright (2003-06)	120-31
8.	Nick Hall (1991-96)	115-18-3
9.	Kyle Hutter (2007-pres.)	111-50
10.	Rich Castano (1984-89)	104-31-6
11.	Steve Sciandra (1986-91)	102-25-1
	Erik Shaw (1991-96)	101-25-1

Game Notes • ODU at NCAA Tournament

Hutter Gets Third Bid

• Kyle Hutter took second place at the CAA Tournament and earned an automatic bid at the 2011 NCAA Wrestling Championships

• Hutter is a three-time NCAA Qualifier and brings a 30-8 record into the NCAA Tournament

• Hutter lost for just the second time in January, falling 4-0 to No. 9 Scotti Sentes of Central Michigan last week. Both of his losses in January were to wrestlers ranked in the top-10, Sentes and No. 6 Lou Ruggirello of Hofstra.

• Hutter became the 12th Monarch in school history to reach the 100-win plateau, going 3-0 at the Virginia Du-als to give him 101 career wins. He is now 110-50 in his career and ranks ninth in career wins.

• Hutter finished in fourth place at the Southern Scuffle.

• He defeated No. 19 Zac Stevens of Michigan 5-4 to move into the semi's before dropping a tight 6-4 deci-sion to No. 9 Rollie Peterkin of Penn. Peterkin went on to win the 133 pound championship.

• The Mokena, Ill. native opened the season with back-to-second place finishes at the Hokie Open and Bing-hamton Open.

The Bracket

• Hutter earned a No. 12 seed and will face Michigan's Zac Stevens in the first round.

• A junior, Stevens is 20-15 on the year. He is 5-13 this season against 2011 NCAA Qualifiers.

• Hutter defeated Stevens at the Southern Scuffle by a 4-1 decision.

• Hutter is 6-6 this season against 2011 NCAA Qualifiers.

InterMat Top-20 Rankings

125 Rank	Name	College	Cl.
1	Matt McDonough	Iowa	So.
2	Anthony Robles	Arizona State	Sr.
3	Brandon Precin	Northwestern	Sr.
4	James Nicholson	Old Dominion	Sr.
5	Zach Sanders *	Minnesota	Jr.
6	Nic Bedelyon	Kent State	Jr.
7	Jarrold Patterson	Oklahoma	So.
9	Jon Morrison	Oklahoma State	Fr.
8	Alan Waters	Missouri	Fr.
10	Frank Perrilli	Cornell	Jr.
11	Ryan Mango	Stanford	So.
12	Jarrold Garnett *	Virginia Tech	Jr.
13	Michael Martinez	Wyoming	Jr.
14	Mark Rappo *	Penn	Jr.
15	Steve Bonanno *	Hofstra	So.
16	Jason Lara *	Oregon State	Jr.
17	Sean Boyle	Michigan	So.
18	Brad Pataky	Penn State	Sr.
19	Alan Bartelli	Boise State	Sr.
20	David Klingsheim	Nebraska	So.

133 Rank	Name	College	Cl.
1	Jordan Oliver	Oklahoma State	So.
2	Andrew Hochstrasser	Boise State	Sr.
3	Andrew Long	Penn State	So.
4	Tyler Graff	Wisconsin	So.
5	Lou Ruggirello	Hofstra	Sr.
6	Mike Grey	Cornell	Sr.
7	Tony Ramos	Iowa	Fr.
8	B.J. Futrell	Illinois	So.
9	Devin Carter	Virgna Tech	Fr.
10	Scotti Sentes	Central Michigan	Jr.
11	Frank Cagnina	Lehigh	Fr.
12	Rollie Peterkin	Penn	Sr.
13	Kyle Hutter	Old Dominion	Sr.
14	Flint Ray	Utah Valley	Jr.
15	Eric Morrill @	Edinboro	Sr.
16	Garrett Drucker	Oregon State	Jr.
17	Fred Santaite @	Boston University	Jr.
18	Nathan Pennesi	West Virginia	So.
19	Zac Stevens @	Michigan	Jr.
20	Justin Paulsen	Stanford	Sr.

* Nicholson has defeated in 2010
@ Hutter has defeated in 2010

Hutter's All-Time Wins Over NCAA Qualifiers

Date	Opponent	School	Score
12/29/06	Brandon Zoetewey	Cal State Bakersfield	13-4
1/19/07	Steve Mytych	Drexel	5-3
12/30/07	William Ashnault	Lock Haven	16-0
1/11/08	William Ashnault	Lock Haven	10-3
11/9/08	David Marble	Bucknell	6-3
3/29/08	Stephen Hromada	Chattanooga	2-1
11/8/09	John Trumbetti	Lock Haven	5-1
12/29/09	Billy Ashnault	Rutgers	6-1
12/30/09	Matt Fisk	Lehigh	5-3
1/10/09	Jimmy Kirchner	Rider	14-9
1/10/09	Aaron Kalil @	Navy	11-1
2/15/09	Jimmy Kirchner	Rider	17-13
3/6/09	Jimmy Kirchner	Rider	Fall 0:25
3/19/09	Kelly Kubec	Oregon State	7-3
3/19/09	Christian Smith	Liberty	9-5
12/30/10	Zac Stevens #	Michigan	4-1
1/7/11	Eric Morrill #	Edinboro	7-0
1/15/11	Fred Santaite #	Boston University	8-2
1/15/11	Jimmy Kirchner	Rider	10-4
2/20/11	Joe Spisak #	Virginia	10-8
3/4/11	Fred Santaite #	Boston University	6-3
# 2011 NCAA Qualifier			
@ 2011 NCAA Qualifier at 125			

Nicholson's Wins Over NCAA Qualifiers

Date	Opponent	School	Score
12/30/07	David Tomasette	Hofstra	4-2
12/31/07	Brendan Byrne	Maryland	4-1
12/31/07	Ross Gitomer	Virginia	3-1
1/5/08	Ross Gitomer	Virginia	4-3
1/11/08	John Trumbetti	Lock Haven	11-1
1/12/08	Ross Gitomer	Virginia	9-0
1/12/08	Nic Bedelyon #	Kent State	7-4
1/19/08	David Tomasette	Hofstra	8-6 SV
3/8/08	David Tomasette	Hofstra	2-1
3/20/08	Eric Morrill @	Edinboro	8-2
3/20/08	Michael Sees	Bloomsburg	7-2
3/21/08	Rollie Peterkin @	Penn	5-3 SV
11/16/08	Jarrold Garnett #	Virginia Tech	4-2
11/22/08	Obsenson Blanc	Oklahoma State	5-3
11/23/08	Joey Fio	Oklahoma	5-2
12/29/08	Ben Kjar #	Utah Valley	2-1
12/30/08	Brendan Byrne	Maryland	12-4
12/31/08	Jay Ivanco	Clarion	3-1
12/31/08	Scott Sentes @	Central Michigan	3-2
1/9/09	Anthony Mustari	Northern Colorado	4-0
1/10/09	Nic Bedelyon #	Kent State	7-2
1/17/09	Steve Bonanno #	Hofstra	5-2
1/25/09	Derek Reber	Bucknell	7-1
2/1/09	Scotti Sentes @	Central Michigan	5-4
2/19/09	Jarrold Garnett #	Virginia Tech	5-4
3/7/09	Steve Bonanno #	Hofstra	7-3
3/19/09	Brad Pataky #	Penn State	11-6
12/4/09	Frank Lomas	Cal State Bakersfield	9-5
12/4/09	Andre Gonzalez	Cal State Fullerton	Fall 2:11
12/5/09	Nikko Triggas	Ohio State	10-6
12/5/09	Michael Martinez	Wyoming	7-2
1/31/10	Matt Steintrager	Central Michigan	3-1 SV2
3/18/10	Chris Notte	Oklahoma State	7-4
3/19/10	Tony Gravely	Appalachian State	Fall 4:19
11/7/10	Prescott Garner	Navy/Chattanooga	17-11
11/7/10	Jarrold Garnett #	Virgina Tech	5-3
11/27/10	Manny Ramirez #	UNC Greensboro	14-4
12/30/10	Mark Rappo #	Pennsylvania	6-0
12/30/10	Jason Lara #	Oregon State	8-1
12/30/10	Zach Sanders #	Minnesota	4-1
1/15/11	Steve Bonanno #	Hofstra	8-3
1/21/11	Derek Reber	Bucknell	14-5
2/10/11	Jarrold Garnett #	Virginia Tech	8-2
2/13/11	Manny Ramirez #	UNC Greensboro	21-5
2/20/11	Matt Snyder #	Virginia	12-3
3/5/11	Steve Bonanno #	Hofstra	5-3
# 2011 NCAA Qualifier			
@ 2011 NCAA Qualifier at 133			

Game Notes • ODU at NCAA Tournament

Metzler Receives Wildcard

- Senior Joey Metzler earned an at-large spot into the NCAA Championships at 149-pounds.
- Metzler took third place at the CAA Tournament, picking up a 6-5 decision over Hofstra's Zach Clemente in the third place match.
- Had three wins over NCAA Qualifiers: including a 6-2 decision over CAA Champion Zac Cibula of Rider. A 5-4 decision over Southern Conference Champion Ivan Lopouchanski of UNC Greensboro and a 2-1 decision over Big Ten third place finisher Kurt Kinser of Indiana.
- Metzler moved into the top-25 rankings at 149-pounds for the first time in his career, ranking 25th. He went 3-1 at the CAA Duals, picking up a win over No. 26 Zac Cibula of Rider.
- Metzler turned in by far his best performance of the year, knocking off two ranked opponents at the Southern Scuffle.

• He knocked off No. 10 Kurt Kinser of Indiana, 2-1, in the third round before beating UNC Greensboro's Ivan Lopouchanski, ranked No. 14, 5-4.

• It is the second time this season he has placed in a tournament, as he had a solid season-opening tournament at the Hokie Open, taking fourth place.

The Bracket

• Metzler opens up the first round with No. 3 seed Kevin LeValley of Bucknell.

• LeValley defeated Metzler earlier this season in a dual match at Bucknell.

InterMat Top-20 Rankings

125 Rank	Name	College	Cl.
1.	Darrion Caldwell	NC State	Sr.
2.	Kevin LeValley	Bucknell	Sr.
3.	Kyle Dake	Cornell	So.
4.	Frank Molinaro	Penn State	Jr.
5.	Jamal Parks	Oklahoma State	Jr.
6.	Jason Chamberlain	Boise State	Jr.
7.	Mario Mason	Rutgers	So.
8.	Ganbayar Sanjaa	American	Jr.
9.	Donnie Vinson	Binghamton	So.
10.	Desi Green	Buffalo	Jr.
11.	Eric Grajales	Michigan	Fr.
12.	Kurt Kinser ^	Indiana	Sr.
13.	Andrew Nahhir	Northwestern	Sr.
14.	Ivan Lopouchanski ^	UNC Greensboro	So.
15.	Eric Terrazaz	Illinois	Jr.
16.	Cole Dallaserra	Wyoming	Sr.
17.	Scott Sakaguchi	Oregon State	Fr.
18.	Dany Zilverberg	Minnesota	Fr.
19.	Derek Valenti	Virginia	Jr.
20.	Brian Stephens	Virginia Tech	So.

^ Metzler defeated in 2010-11

Metzler's All-Time Wins Over NCAA Qualifiers

Date	Opponent	School	Score
11/17/07	Anthony Constantino	Columbia	5-2
11/9/08	George Hickman	Bloomsburg	Fall 0:45
1/17/09	Paul Gillespie %	Hofstra	2-1
1/17/09	Matt Kaylor @	Binghamton	3-2
3/6/09	Matt Kaylor @	Binghamton	9-6
12/29/10	Kurt Kinser #	Indiana	2-1
12/30/10	Ivan Lopouchanski #	UNC Greensboro	5-4
1/15/11	Zac Cibula #	Rider	6-2
3/5/11	Brandon Bucher	George Mason	4-3
#	2011 NCAA Qualifier		
@	2011 NCAA Qualifier at 157		
%	2011 NCAA Qualifier at 165		

Monarch Wins Over Ranked Wrestlers

Wt.	Name	Opponent	School	Score
125	James Nicholson	#10 Jarrod Garnett	Virginia Tech	5-3 dec.
125	James Nicholson	#20 Jason Lara	Oregon State	8-1 dec.
125	James Nicholson	#7 Zach Sanders	Minnesota	4-2 dec.
125	James Nicholson	#19 Tyler Cox	Wyoming	16-8 MD
125	James Nicholson	#16 Steve Bonanno	Hofstra	8-3 dec.
125	James Nicholson	#14 Jarrod Garnett	Virginia Tech	8-2 dec.
125	James Nicholson	#19 Matt Snyder	Virginia	12-3 MD
125	James Nicholson	#15 Steve Bonanno	Hofstra	5-3 dec.
133	Kyle Hutter	#19 Zac Stevens	Michigan	4-1 dec.
133	Kyle Hutter	#17 Fred Santaite	Boston Univ.	8-2 dec.
133	Kyle Hutter	#17 Fred Santaite	Boston Univ.	6-3 dec.
149	Joey Metzler	#10 Kurt Kinser	Indiana	2-1 dec.
149	Joey Metzler	#14 Ivan Lopouchanski	UNC Greensboro	5-4 dec.
149	Joey Metzler	#26 Zac Cibula	Rider	6-2 dec.

* All rankings are at the time of the match



Steve Martin

Head Coach
Seventh Season
Iowa '90

Winning is all that Old Dominion wrestling coach Steve Martin has ever known. From his days as a high school wrestler at Kempsville High School in Virginia Beach, as a three-time Virginia high school state champion, to his days at the University of Iowa where he was an all-American and Midlands Champion, and as the head coach at Great Bridge High School, all Steve Martin has ever known is winning. Heading into his seventh year at Old Dominion, that winning tradition has continued.

In 2009-10, Martin led three Monarchs to CAA Championships to qualify for the NCAA Tournament and produced an all-American for the third-straight season, with Chris Brown finishing eighth at 165-pounds. With three NCAA qualifiers, it totals 22 participants at the NCAA Championships in the last five years for ODU.

The 2008-09 season was perhaps one of the greatest in ODU wrestling netitor.com/javascript/wysiwyg/tiny_mce/themes/advanced/langs/en.js>history. The team was ranked 16th in the country in the final dual meet rankings and went a perfect 5-0 in league duals to claim the regular season CAA title. The Blue and Silver posted victories over nationally-ranked Hofstra and Virginia Tech and had a Top 20 finish in the NCAA Tournament with the school's second ever national finalist.

For the sixth-straight season ODU won double-digit dual matches and Martin was named the Virginia Sports Information Directors Association (VaSID) Coach of the Year for the 2008-09 season.

Martin and ODU have five-straight second place finishes at the CAA Tournament and have produced the most wins in a three-year span in school history (44).

In 2007-08, Martin led the team to its second best record in school history, finishing 17-3 in dual action. Also for the first time in school history the Monarchs earned a top 20 ranking as a team. He was named the CAA Coach of the Year as well as the VaSID Coach of the Year. Martin led six Monarchs to the NCAA Tournament for the first time in program history, including ODU's first All-American since 1995, James Nicholson.

In 2006-07, ODU had three NCAA Qualifiers, including coaching a wrestler mere seconds away from All-American status. The team also boasted its first ever Academic All-American in Ryan Williams, and an alternate on the Junior World team.

Coach Martin also led Old Dominion in two wins in the first two matches ever held at The Ted Constant Convocation Center. ODU will continue to host wrestling matches at The Ted under the direction of Martin.

The foundation for Martin's winning resume was also built on his pedigree. His father, the legendary Billy Martin, is the

father of Virginia wrestling and won 22 state wrestling team titles in 23 years and coached dozens of state champions that went on to win and place at the NCAA championships.

Martin's brother David was a four-time Virginia high school state champion at Granby high school under his father and went on to wrestle at Indiana State.

Billy Martin, Jr. was a three-time NCAA all-American at Oklahoma State, finishing second in 1974. Wayne Martin preceded Steve at Great Bridge after wrestling at Old Dominion, and has now taken over again at Great Bridge now that Steve is the coach at ODU.

The groundwork for a successful wrestling coach was set in motion even before Steve Martin stepped on the mat as a competitor.

As a coach, he saw success only matched by his father, leading Great Bridge to 13 state championships in 14 years. Each of those 13 years, Martin's Wildcats were nationally ranked.

Moving up to the college ranks, Martin still keeps the winning attitude that's built around hard work in the wrestling room, hard work on your own, and hard work in the classroom.

Martin coached 40 high school state champions, 98 state place-winners, 35 All-Americans (freestyle and folkstyle) and six high school national champions. He also coached NCAA Division I National Champion Carl Perry to three high school state championships at Great Bridge. Perry is currently an assistant at Illinois.

He was awarded the National Wrestling Coaches Association state and regional coach of the year in 1995 and 2000. The Norfolk Sports Club named him the Bob Bates Award winner as the Outstanding Metropolitan Coach of the Year.

On the high school level, Martin has been active in Virginia USA Wrestling, coaching at the Junior Nationals in Fargo, N.D. and has coached with the Wrestling USA Magazine Dream Team Classic and the Dapper Dan Classic in Pennsylvania.

Martin graduated from the University of Iowa in 1991 and got his master's degree from George Washington University in 1996. Steve and his wife Lori live in Chesapeake, Va. They have four children; Madison (13), Macy (11), McKenna (10) and Max (6).

Game Notes • ODU at NCAA Tournament

CAA Individual Tournament Champions

Year	Name	Weight
2011	James Nicholson	125
2010	James Nicholson	125
2010	Chris Brown	165
2009	James Nicholson	125
2009	Ryan Williams	141
2009	Chris Brown	165
2008	James Nicholson	125
2008	Ryan Williams	141
2008	Chris Brown	165
2006	Adam Wright	197
2005	Christian Staylor	125
2002	Jeff Rusak	174
2001	Jeff Rusak	174
2000	Dennis Whitby	149
1999	Paul Jimenez	125
1998	Mark Strickland	150
1996	Nick Hall	285
1995	Jody Staylor	134
1995	Chris Todd	167
1995	Nick Hall	285
1994	Jody Staylor	126
1994	Greg Satchell	167
1993	Tom Sinacore	118
1993	Bill Terry	167
1992	Erick Shaw	118
1992	Noel Clavel	126
1992	Peter Horst	134

NCAA Champions

Year	Name	Weight
1969	Carl Ragland	152
1970	Wayne Bright	142
1974	Terry Perdew	118

NCAA All-Americans

Year	Name	Weight	Place
2010	Chris Brown	165	8
2009	Ryan Williams	141	2
2008	James Nicholson	125	8
1995	Nick Hall	285	5
1994	Jody Staylor	126	2
1991	Peter Horst	134	6
	Nick Garone	150	6
1984	Ben Ward	150	7
1982	Buddy Lee	134	7
1981	Roger Randall	150	7
1980	Buddy Lee	134	4
1976	Mike McCarthy	142	4
1975	Mike McCarthy	126	5
1974	Terry Perdew	118	1
	Ray Pond	142	3
1970	Lou Curra	115	4
	Wayne Bright	142	1
1969	Lou Curra	115	5
	Wayne Bright	137	5
	Carl Ragland	152	1
1968	Lou Curra	115	4
	David Todd	177	6
1967	David Lindjhem	145	4
1966	Carl Ragland	130	2

Outstanding Wrestler

Year	Name	Wt.	Honor
2008	James Nicholson	125	Va. SID
2008	Ryan Williams	141	CAA
2006	Adam Wright	197	Va. SID
2003	Ben Summerlin	174	Va. SID
1998	Mark Strickland	150	CAA
1994	Greg Satchell	167	CAA
1989	Wayne Gibson	118	Capital Wrestling

NCAA East Regional Champions

Year	Name	Weight
1991	Noel Clavel	126
1991	Peter Horst	134
1991	Nick Garone	150
1991	Steve Sciandra	285
1990	Noel Clavel	126
1989	Wayne Gibson	118
1989	Rich Castano	150
1986	Jeff Bridges	150
1984	John Cecala	134/142
1984	Ben Ward	150
1984	Scott Giacobbe	177
1983	Larry Corry	157/167
1983	Brad Anderson	167
1982	Buddy Lee	134/142
1982	Brad Anderson	167
1980	Budy Lee	134/142
1979	Buddy Lee	134/142

OLD DOMINION UNIVERSITY WRESTLING

Date	Opponent	Time/Result
November 7	Hokie Open	NTS
November 14	Binghamton Open	NTS
November 20	at Northern Iowa	L, 19-15
November 21	at No. 19 Iowa State	L, 26-11
November 27	Hoosier Duals	All Day
	Northern Illinois	L, 16-14
	Indiana	L, 22-13
	UNC Greensboro	W, 20-18
December 19	at No. 10 American	L, 23-15 (EXH.)
Dec. 29-30	Southern Scuffle	11th/34
January 7	Virginia Duals	All Day
	Edinboro	L, 22-12
	VMI	W, 38-3
January 8	Wyoming	L, 20-16
January 15	CAA Duals	All Day
	Boston University	T, 19-19
	Drexel	W, 22-18
	No. 25 Hofstra	L, 24-9
	Rider	W, 22-13
January 21	at Bucknell	L, 20-16
January 23	GEORGE MASON	W, 32-10
January 30	at No. 13 Central Michigan	L, 18-16
February 5	at NC State	W, 28-12
February 10	VIRGINIA TECH	L, 31-6
February 13	UNC GREENSBORO	W, 39-7
	BINGHAMTON	L, 29-10
February 20	VIRGINIA	L, 25-11
March 4-5	CAA Tournament	3rd/52.5
March 17-19	NCAA Tournament	All Day

2010-11 INDIVIDUAL RECORDS

Wrestler	Wt.	Record	Duals	CAA	Falls	TF	Major Dec.	Career Record
James Nicholson	125	31-0	19-0	6-0	7	3	9	134-17
Eric Dunnet	125	9-3	0-1				6	
	149	0-1	0-1					
	TLS	9-4	0-2					9-4
Kyle Hutter	133	30-8	17-3	5-1	3	3	7	111-51
Brennan Brumley	141	24-15	12-8	3-3	5	1	3	41-25
Scott Festejo	141	8-10			1		2	
	149	1-5	1-3				1	
	TLS	9-15	1-3				3	9-15
Joey Metzler	149	19-16	6-7	3-1			3	38-45
Chad Lowman	149	0-2						
	157	5-13	2-9	0-2		4		
	TLS	5-15	2-9	0-2		4		5-15
Jayk Cobbs	157	3-2	1-0				1	
Micah Blair	149	1-2						
	157	0-11						
	TLS	1-13	0-6	0-3				1-13
Dan Rivera	165	15-21	7-13	1-5	2		2	38-64
Rodin Ndandula	165	1-4						1-4
Billy Curling	174	3-8	0-2				3	3-8
	184	1-0	1-0				1	
	197	0-1	0-1					
	TLS	4-9	1-3				4	4-9
Tristan Warner	174	18-22	5-13	1-5	2		3	18-22
Joe Budi	184	20-13	12-7	4-2	1	2	2	63-46
Jake Henderson	197	10-19	8-11	3-3				10-19
Grant Chapman	285	14-25	4-16	2-4				28-47

2010-11 OLD DOMINION UNIVERSITY WRESTLING



No. 4 James Nicholson • Senior • Des Moines, Iowa

vs. Ranked Opponents in 2010-11 • 8-0

Wins over NCAA Qualifiers in 2010-11 • 10

Career Wins Over NCAA Qualifiers • 46

Date	Wt.	Opponent	School	Results
Nov. 7	125	Steve Mitcheff	Kent State	W, 6-2 dec.
Nov. 7	125	Brett Kostern	Gardner-Webb	W, 17-2 Tech. Fall
Nov. 7	125	Prescott Garner	Chattanooga	W, 17-11 dec.
Nov. 7	125	Patrick Hunter	Iowa State	W, 16-3 MD
Nov. 7	125	#10 Jarrod Garnett	Virginia Tech	W, 5-3 dec. (1st at Hokie Open)
Nov. 20	125	Caleb Flores	Northern Iowa	W, 6-1 dec.
Nov. 21	125	Patrick Hunter	Iowa State	W, 15-3 MD
Nov. 27	125	Justin Brooks	Indiana	W, 17-7 MD
Nov. 27	125	Manny Ramirez	UNC Greensboro	W, 14-4 MD
Dec. 29	125	Steve Mitcheff	Kent State	W, 6-2 dec.
Dec. 29	125	Andrew Zwirlein	Air Force	W, 12-2 MD
Dec. 30	125	Mark Rappo	Penn	W, 6-0 dec.
Dec. 30	125	#20 Jason Lara	Oregon State	W, 8-1 dec.
Dec. 30	125	#7 Zach Sanders	Minnesota	W, 4-2 dec. (1st at Southern Scuffle)
Jan. 7	125	Bijan Banks	Ediboro	W, Fall 1:26
Jan. 7	125	John Pope	VMI	W, 19-2 Tech. Fall
Jan. 8	125	#19 Tyler Cox	Wyoming	W, 16-8 MD
Jan. 15	125	Brian Sutor	Boston University	W, Fall 4:03
Jan. 15	125	Michael Gomez	Drexel	W, Fall 2:43
Jan. 15	125	#16 Steve Bonanno	Hofstra	W, 8-3 dec.
Jan. 15	125	Alex Moritz	Rider	W, Fall 2:20
Jan. 21	125	Derek Reber	Bucknell	W, 14-5 MD
Jan. 23	125	Forfeit	George Mason	W, Forfeit
Jan. 30	125	Christian Cullinan	Central Michigan	W, 15-5 MD
Feb. 5	125	Pedram Rahmatabadi	NC State	W, Fall 1:19
Feb. 10	125	#14 Jarrod Garnett	Virginia Tech	W, 8-2 dec.
Feb. 13	125	Manny Ramirez	UNC Greensboro	W, 21-5 Tech. Fall
Feb. 13	125	Derek Steeley	Binghamton	W, Fall 3:25
Feb. 20	125	#19 Matt Snyder	Virginia	W, 12-3 MD
Mar. 4	125	Chris McGinley	Boston University	W, Fall 3:43
Mar. 5	125	#19 Steve Bonanno	Hofstra	W, 5-3 dec. (1st at CAA Tournament)

2010-11 OLD DOMINION UNIVERSITY WRESTLING



No. 12 Kyle Hutter • Senior • Mokena, Ill.

vs. Ranked Opponents in 2010-11 • 3-5

Wins over NCAA Qualifiers in 2010-11 • 6

Career Wins Over NCAA Qualifiers • 21

Date	Wt.	Opponent	School	Results
Nov. 7	133	Cody Hood	Chattanooga	W, 18-7 MD
Nov. 7	133	Gus Sako	Virginia	W, 10-4 dec.
Nov. 7	133	Ben Cash	Iowa State	W, 17-4 MD
Nov. 7	133	Tyler Small	Ken State	W, 7-5 dec. SV
Nov. 7	133	Devin Carter	Virginia Tech	L, 11-3 MD (2nd at Hokie Open)
Nov. 14	133	Jermemiah Biddle	Bloomsburg	W, 9-0 MD
Nov. 14	133	Anthony Jerome	Binghamton	W, 12-6 dec.
Nov. 14	133	Matt Bystol	Columbia	W, 14-3 dec.
Nov. 14	133	Joe Stanzione	Cornell	L, 10-4 dec. (2nd at Binghamton Open)
Nov. 20	133	Ryan Jauch	Northern Iowa	W, 4-0 dec.
Nov. 21	133	Brandon Jones	Iowa State	W, 11-3 MD
Nov. 27	133	Israel Montemayor	Northern Illinois	W, 7-2 dec.
Nov. 27	133	Matt Ortega	Indiana	W, 8-5 dec.
Nov. 27	133	Jamel Johnson	UNC Greensboro	W, 12-1 MD
Dec. 29	133	Derek Gillespie	Air Force	W, Fall 4:56
Dec. 29	133	Allen Stein	Navy	W, 3-2 dec.
Dec. 30	133	Thane Antczak	Minnesota	W, 5-4 dec.
Dec. 30	133	#19 Zac Stevens	Michigan	W, 4-1 dec.
Dec. 30	133	#9 Rollie Peterkin	Penn	L, 6-4 dec.
Dec. 30	133	Aaron Schopp	Edinboro	W, 11-6 dec.
Dec. 30	133	Garrett Drucker	Oregon State	L, 3-2 TB1 (4th at Southern Scuffle)
Jan. 7	133	Eric Morrill	Edinboro	W, 7-0 dec.
Jan. 7	133	Luke Todd	VMI	W, 18-1 Tech. Fall
Jan. 8	133	Kasey Garnhart	Wyoming	W, 4-0 dec.
Jan. 15	133	#17 Freddy Santaite	Boston University	W, 8-2 dec.
Jan. 15	133	Frank Cimato	Drexel	W, Fall 4:44
Jan. 15	133	#6 Lou Ruggirello	Hofstra	L, 4-0 dec.
Jan. 15	133	Jimmy Kirchner	Rider	W, 10-4 dec.
Jan. 21	133	Forfeit	Bucknell	W, FF
Jan. 23	133	John Delgado	George Mason	W, 17-2 Tech. Fall
Jan. 30	133	#9 Scotti Sentes	Central Michigan	L, 4-0 dec.
Feb. 5	133	Dale Shull	NC State	W, 11-3 MD
Feb. 10	133	#10 Devin Carter	Virginia Tech	L, Fall 5:45
Feb. 13	133	Jamel Johnson	UNC Greensboro	W, Fall 4:58
Feb. 13	133	Dan Riggi	Binghamton	W, 24-9 Tech. Fall
Feb. 20	133	Joe Spisak	Virginia	W, 10-8 dec.
Mar. 4	133	#17 Freddy Santaite	Boston University	W, 6-3 dec.
Mar. 5	133	#5 Lou Ruggirello	Hofstra	L, 2-1 dec. (2nd at CAA Tournament)

2010-11 OLD DOMINION UNIVERSITY WRESTLING



Joey Metzler • Senior, Va. • Dayton, Va.

vs. Ranked Opponents in 2010-11 • 3-9

Wins over NCAA Qualifiers in 2010-11 • 3

Career Wins Over NCAA Qualifiers • 9

Date	Wt.	Opponent	School	Results
Nov. 7	149	Nic Stella	King College	W, 6-1 dec.
Nov. 7	149	Nicky Gordon	Virginia	W, 8-7 dec.
Nov. 7	149	Savva Kostis	Appalachian State	W, 6-2 dec.
Nov. 7	149	#16 Brian Stephens	Virginia Tech	L, 10-5 (4th at Hokie Open)
Nov. 14	149	Anthony Salupo	Lehigh	L, 5-1 dec.
Nov. 14	149	Billy Randt	Lock Haven	W, 6-2 dec.
Nov. 14	149	Freddie Rodgers	Rider	L, 9-4 dec.
Nov. 20	149	Jamal Lawrence	Northern Iowa	W, 9-2 dec.
Nov. 21	149	#13 Nate Carr	Iowa State	L, 3-2 dec.
Nov. 27	149	Vince Castillo	Northern Illinois	W, 9-3
Nov. 27	149	#6 Kurt Kinser	Indiana	L, 6-3 dec.
Nov. 27	149	#12 Ivan Lopouchanski	UNC Greensboro	L, 5-3 dec.
Dec. 5	149	Jordan Colon	Hofstra	W, 7-3 dec.
Dec. 5	149	Dylan Alton	Penn State	L, 2-1 dec.
Dec. 5	149	Hans Rasmusson	Central Michigan	W, 2-0 dec.
Dec. 5	149	Dane Johnson	Pittsburgh	L, 3-1 dec.
Dec. 29	149	Dalton Davidson	Unattached	W, 17-3 MD
Dec. 29	149	Morgan McDaniel	Gardner-Webb	W, 5-1 dec.
Dec. 29	149	#10 Kurt Kinser	Indiana	W, 2-1 dec.
Dec. 30	149	#14 Ivan Lopouchanski	UNC Greensboro	W, 5-4 dec.
Dec. 30	149	#1 Kyle Dake	Cornell	L, 7-0 dec.
Dec. 30	149	Scott Sakaguchi	Oregon State	L, 11-6 dec.
Dec. 30	149	#14 Ivan Lopouchanski	UNC Greensboro	L, 9-4 dec. (6th at Southern Scuffle)
Jan. 7	149	#13 Torsten Gillespie	Edinboro	L, 7-1 dec.
Jan. 7	149	Rennie Merhige	VMI	W, 11-3 MD
Jan. 15	149	Nestor Taffur	Boston University	W, 15-3 MD
Jan. 15	149	Austin Sommer	Drexel	L, 7-6 dec.
Jan. 15	149	Matt Spataro	Hofstra	W, 10-3 dec.
Jan. 15	149	#26 Zac Cibula	Rider	W, 6-2 dec.
Jan. 21	149	#6 Kevin LeValley	Bucknell	L, 11-2 MD
Jan. 30	149	Donnie Corby	Central Michigan	L, 5-2 dec.
Mar. 4	149	Austin Sommer	Drexel	W, 2-0 dec.
Mar. 4	149	#9 Donnie Vinson	Binghamton	L, Fall 0:19
Mar. 5	149	Brandon Bucher	George Mason	W, 4-3 dec.
Mar. 5	149	Zach Clemente	Hofstra	W, 6-5 dec. (3rd at CAA Tournament)